# **Position Description**

Position Clinical Nurse Specialist – Respiratory Designated Prescriber

Team / Service Respiratory

**Group / Directorate** Sub-Specialty Medicine

**District** Capital, Coast & Hutt Valley

**Responsible to** Clinical Nurse Manager/Service Leader Respiratory

Children's Act 2014 This position is classified as a children's worker, requiring a safety check including

police vetting before commencing and every three years

**Location** This position's main area of work is Hutt Hospital/Wellington Hospital/Kenepuru

Hospital/Community

From time to time as part of Variance Response you may be requested to work in

other areas, if there is mutual agreement.

# Te Whatu Ora

The Health System in Aotearoa is entering a period of transformation as we implement the Pae Ora/Healthy Futures vision of a reformed system where people live longer in good health, have improved quality of life, and there is equity between all groups.

We want to build a healthcare system that works collectively and cohesively around a shared set of values and a culture that enables everyone to bring their best to work and feel proud when they go home to their whānau, friends and community. The reforms are expected to achieve five system shifts. These are:

- 1. The health system will reinforce Te Tiriti principles and obligations
- 2. All people will be able to access a comprehensive range of support in their local communities to help them stay well
- 3. Everyone will have equal access to high quality emergency and specialist care when they need it
- 4. Digital services will provide more people the care they need in their homes and communities
- 5. Health and care workers will be valued and well-trained for the future health system

#### Context

Capital, Coast & Hutt Valley (C,C&HV) district provides hospital and health services in primary, secondary and tertiary healthcare to a total population base of approximately 445,000 citizens.

C,C&HV district is are accountable for meeting the needs of and improving health outcomes for all the constituent populations of our district, and the region more broadly. Together C,C&HV district:

 provide secondary and tertiary, medical and surgical hospital services alongside community based health care

#### TeWhatuOra.govt.nz

- fund local health providers and work collaboratively with the community to create and support multiple health education initiatives and projects within the region
- deliver health services directly as well as contracting external providers
- provide local, sub-regional, regional and national health services as well as community-based health, rehabilitation and support services.

The majority of the district's population live in Wellington and Lower Hutt. The Māori and Pacific populations of Lower Hutt and Wellington are proportionally similar, with the largest Pacific population in the region in Porirua. Kapiti and Upper Hutt have similar numbers of Māori and Pacific people. Most people are enrolled with a GP near their place of residence, so the increasing focus on community-based healthcare is expected to lead to better health outcomes for these population groups.

Hutt Hospital provides secondary and some tertiary, medical and surgical hospital services alongside community based health care from its main facility in Lower Hutt City. In addition to funding local health providers and working collaboratively with the community to create and support multiple health education initiatives and projects, Hutt Hospital is the centre for five tertiary regional and sub-regional services - Plastics, Maxillofacial and Burns Services Rheumatology Dental Services Regional Public Health and Regional (Breast and Cervical) Screening Services.

Wellington Regional Hospital in Newtown is the region's main tertiary hospital with services such as complex specialist and acute procedures, intensive care, cardiac surgery, cancer care, neurosurgery and renal care. The hospital is the key tertiary referral centre for the lower half of the North Island and the upper half of the South Island.

Te Wao Nui, the Child Health Service for the Wellington Region and Central New Zealand based in the new purpose built children's hospital on the Wellington Regional Hospital campus, supports babies to adolescents with medical conditions or who may need paediatric surgery. It provides both hospital and outpatient services.

Women's Health Services provide tertiary level maternity care in Wellington and Hutt Regional Hospitals and a Primary Birthing Unit in Kenepuru. The provision of services from Women's Health encompass community-based primary LMC care and breastfeeding support, and tertiary level obstetrics, gynaecology, and other specialist services.

Kenepuru Community Hospital and Kapiti Health Centre provide secondary and community services based in Porirua and the Kapiti Coast

MHAIDS is the mental health, addictions and intellectual disability service for the Wairarapa District and Capital, Coast & Hutt Valley District, with multiple specialist facilities. Ratonga Rua-o- Porirua is our forensic, rehabilitation and intellectual disability inpatient unit.

## Te Tiriti o Waitangi and Māori Health Outcomes

Māori are the indigenous peoples of Aotearoa. We have particular responsibilities and accountabilities through this founding document of Aotearoa. We value Te Tiriti and have adopted the following four goals, developed by the Ministry of Health, each expressed in terms of mana and the principles of:

**Mana whakahaere** Effective and appropriate stewardship or kaitiakitanga over the health and disability system. This goes beyond the management of assets or resources.

Mana motuhake Enabling the right for Māori to be Māori (Māori self-determination) to exercise their

authority over their lives, and to live on Māori terms and according to Māori

philosophies, values and practices including tikanga Māori.

Mana tāngata Achieving equity in health and disability outcomes for Māori across the life course and

contributing to Māori wellness.

Mana Māori Enabling Ritenga Māori (Māori customary rituals) which are framed by Te Aō Māori

(the Māori world), enacted through tikanga Māori (Māori philosophy & customary

practices) and encapsulated within mātauranga Māori (Māori knowledge).

We will target, plan and drive our health services to create equity of health care for Māori to attain good health and well-being, while developing partnerships with the wider social sector to support whole of system change.

# Te Mauri o Rongo

Te Mauri o Rongo recognises our connection to this work, to each other, to the people we serve and to our whakapapa. It speaks to specific behaviours that we will expect from each other guided by the pou of Te Mauri o Rongo:

## Wairuatanga

Working with heart, the strong sense of purpose and commitment to service that health workers bring to their mahi.

## Rangatiratanga

As organisations we support our people to lead. We know our people; we will grow those around us and be accountable with them in contributing to Pae Ora for all.

## Whanaungatanga

We are a team, and together a team of teams. Regardless of our role, we work together for a common purpose. We look out for each other and keep each other safe. "Whiria te tangāta" – we will weave our people together.

#### Te Korowai Āhuru

A cloak which seeks to provide safety and comfort to the workforce

# **District Responsibility**

The district leadership have collective accountability for leading with integrity and transparency a progressive, high performing organisation, aimed at improving the health and independence of the community we serve and achieving equitable outcomes for all. The leadership team are responsible for achieving this aim, aligned with our Region, within the available resources, through a skilled, empowered, motivated and supported workforce in line with government and HNZ policy.

Te Whatu Ora is committed to Te Tiriti o Waitangi principles of Tino Rangatiratanga, Partnership, Equity, Active Protection & Options by ensuring that guidelines for employment policies and procedures are implemented in a way that recognises Māori cultural practices.

We are committed to supporting the principles of Equal Employment Opportunities (EEO) through the provision and practice of equal access, consideration, and encouragement in the areas of employment, training, career development and promotion for all its employees.

# The Vision, Mission and Values from our District

We bring forward and join our values within our district. These will change as we become a team of teams within Te Whatu Ora.

## **Hutt Valley**

#### Vision

Whanau Ora ki te Awakairangi: Healthy people, healthy families and healthy communities are so interlinked that it is impossible to identify which one comes first and then leads to another.

#### Mission

Working together for health and wellbeing.

#### Ō mātou uara – Values

Mahi Pai 'Can do':

Mahi Tahi in Partnership:

Mahi Tahi Te Atawhai Tonu Always caring and Mahi Rangatira being our Best

## **Capital and Coast**

#### Vision

Keeping our community healthy and well

#### Mission

Together, Improve the Health and Independence of the People of the District

#### Value

Manaakitanga – Respect, caring, kindness Kotahitanga – Connection, unity, equity Rangatiratanga – Autonomy, integrity, excellence

# **Group Perspective**

The Sub-Specialty Medicine Group consists of a range of services across Wellington, Hutt and Kenepuru Hospitals:

- Cardiology, includes Wellington Hospital Ward 6 South and Hutt Hospital CCU
- Clinical Measurements Unit
- Interventional Radiology Unit
- Gastroenterology
- Respiratory Medicine
- Diabetes and Endocrine
- Rheumatology
- Dermatology
- Infectious Diseases & Infection Prevention and Control
- Medical Day Stay Unit
- Renal
- Immunology
- Neurology

The services and specialties are split across three Sub-Specialty Operational Manager roles. The Respiratory Service is part of the Neurology, renal, infectious diseases and diabetes and endocrine Operation Managers team.

# Service/Team Perspective

The Respiratory Service is part of the Sub-Speciality Medicine Group. The C,C&HV Respiratory Service provides secondary and tertiary care for patients with respiratory and sleep related conditions. This service covers two main sites at Hutt Hospital and Wellington Hospital with outreach clinics in Kenepuru Hospital, Wairarapa Hospital, and various community and marae clinics.

The C,C&HV Respiratory team is made up of nurses, physiologists, doctors, physiotherapist and administrative support all working in a multidisciplinary collaborative style, with a patient centred focus. The team work closely with other services including Hospice, Community Health, Primary Health and inpatient services. Secondary and Tertiary referrals may also be accepted from Manawatu, Wairarapa, Whanganui, Hawke's Bay and Nelson-Marlborough districts.

## **Role Purpose**

The Clinical Nurse Specialist (CNS) Respiratory is a designated Registered Nurse (RN) Prescriber role. The Te Kaunihera Tapuhi o Aotearoa Nursing Council of New Zealand (NCNZ) authorisation is for RN prescribing in primary health and specialty teams. This means the CNS must work within a collaborative team consistent with NCNZ guidance to prescribe from the medicines list relevant to their area of practice and competence level.

The CNS provides specialist nursing advice, care and expertise, both in delivering direct patient care and in supporting other staff caring for patients with respiratory and related conditions. The focus is on assisting, directing and supporting the patient care and whānau within Respiratory, through modelling expert clinical skills, promoting best practice, facilitating interdisciplinary collaboration and providing education. The CNS has an active role in the development and achievement of the strategic direction for the Respiratory Service.

The CNS leads developing and implementing speciality specific pathways, protocols and guidelines, in accordance with relevant national and international standards and guidance. This includes evaluating standards of care, in line with research, policy and evidenced-based practice across a range of settings.

The CNS – Respiratory uses advanced nursing knowledge and skills to:

- Establish/maintain Nurse-led services/clinics in inpatient, outpatient, home and community> setting/s
   where applicable, to increase patient access to timely assessment and clinical management
- Provide advanced clinical assessment of the patient
- Initiating investigations and diagnostic tests (e.g. laboratory, lung function or radiology requests) linked to own clinics or surveillance (NOTE: only when preapproved with policy to support delegated responsibility that is approved by nursing leadership and Service)
- Identify differential diagnosis
- Implement a treatment plan in accordance with evidence based research, guidelines and collaborative team approach

- Evaluate outcomes of treatment and respond accordingly
- Participates in the planning and delivery of education for district health professionals that support and enhance management of Respiratory. Note: Request to present to external organisations needs to align with Service plan and direction.
- Optimises interdisciplinary team work to support designated prescribing approach appropriate to population and service

# **Key Accountabilities**

The following accountabilities are in addition to the NCNZ competencies for registered nurses (RN) and RN Prescriber in Primary Health and Speciality Teams. The CNS is expected to be or working towards Senior Expert (CC) and Expert (HV) on the Professional Development and Recognition Programme (PDRP). Competence is the combination of skills, knowledge, attitudes, values and abilities that underpin effective performance as an advanced practice nurse.

In this Position Description the terms person or patient are used to refer to those who use health services, who in different settings may be referred to as tangata whaiora, health consumer or client.

Key accountabilities	Deliverables / Outcomes
Professional Accountabilities	<ul> <li>Accepts responsibility for ensuring their nursing practice and conduct meet the standards of the professional, ethical, and relevant legislated requirements</li> <li>Role models expert and advancing practice and applies the principles of Te Tiriti o Waitangi in nursing practice</li> <li>Contributes to improving inequities by working with colleagues to operationalise Te Whatu Ora's commitment to meet the Pae Ora (Healthy Futures) Act 2022 obligations as Te Tiriti o Waitangi partners.</li> <li>Leads and supports excellence in nursing practice</li> </ul>
Provide safe and expert patient care	<ul> <li>Works directly with patients, whānau and staff in a variety of clinical settings as an expert resource and role model</li> <li>Uses expert knowledge and skills to perform comprehensive patient assessment, request further diagnostic investigations, diagnose, treat, plan care, manage complex needs and arrange follow-up for patients, including the whānau where appropriate</li> <li>Clinical knowledge gained through professional development is advanced to meet complex patient needs</li> <li>Prioritises and responds to direct referrals from health professionals or service users in response to identified criteria/service standards</li> <li>Uses assessment findings to foresee likely course of events and recommend/implement appropriate changes to patient care</li> <li>Demonstrates sound levels of clinical judgement and ethical decision making in implementing and/or modifying interventions</li> <li>Utilizes effective problem solving skills with service users to reduce hospitalisation duration and facilitate early safe discharge</li> </ul>

Key accountabilities	Deliverables / Outcomes
	<ul> <li>Facilitates a collaborative, interdisciplinary approach to clinical management, assisting access to appropriate diagnostic tests, interventions and therapies</li> <li>Provides effective emotional and informational support to service patient and whānau</li> <li>Accurately documents patient assessment, interventions, referrals and/or follow-ups</li> <li>Uses initiative and clinical judgment in the application of relevant policies, procedures and clinical guidelines</li> <li>Practices autonomously and collaboratively within RN scope of practice, recognises limitations and consults/refers on appropriately.</li> <li>Has access to clinical supervision and support within the respiratory team to enable delivery of safe effective care.</li> </ul>
Designated Prescriber authorised in primary health and speciality teams	<ul> <li>Has achieved prescribing authorisation with NCNZ as a designated RNP in primary health and specialty teams and maintains Recertification Audit Requirements: 3 yearly</li> <li>Demonstrates high levels of clinical assessment, diagnosis skills and safety in prescribing designated medications within area of practice</li> <li>Performs a comprehensive medicines assessment to obtain information to understand the patient's needs and context</li> <li>Understands treatment options and how they support the patient needs and choice</li> <li>Monitors and reviews the patient's response to pharmacological and non-pharmacological treatments</li> <li>Demonstrates legal, regulation knowledge and complies with legislation, regulations and common law applicable to prescribing</li> <li>Consults with an authorised prescriber if unsure of provisional or differential diagnosis.</li> <li>Consults with and authorised prescriber if unsure of prescribing or de-prescribing decisions to support evolving practice capability and safety</li> <li>Refers patient/s for further assessment or treatment when best treatment options are beyond RN scope of practice and the prescribing authorisation.</li> <li>Communicates treatment plans with other health care professionals involved in patient's care.</li> <li>Gives clear instructions for dispensing and supplying medications</li> <li>Prescribing practice aligns with the latest NCNZ Guidance for employers and RNP in primary health and speciality teams and the CCHV District policy for this designated prescribing level (2021).</li> </ul>
Works collaboratively to ensure safe and effective care delivery	<ul> <li>Acts as a nursing resource across clinical settings and disciplines, sharing clinical expertise both formally and informally</li> </ul>

Key accountabilities	Deliverables / Outcomes
	<ul> <li>Creates opportunities within the clinical setting to share clinical expertise through teaching and coaching of staff</li> <li>Provides clinical expertise/ guidance in the assessing, planning and management of complex patients</li> <li>Effectively communicates and coordinates the plan of care with the multidisciplinary team to ensure a seamless transition between services, including primary and secondary care</li> <li>Evaluates the effectiveness of clinical interventions and collaboratively facilitates modification of regimes accordingly</li> <li>Facilitates the communication of consistent and realistic information to patients and families</li> <li>Facilitates opportunities for nursing and medical staff to participate and collaborate in patient care discussion.</li> <li>Refers the patient for further assessment or treatment when the suitable treatment options are outside the nurse's scope of practice.</li> </ul>
Provides effective nursing leadership	<ul> <li>Role models and applies the principles of Te Tiriti o Waitangi in nursing practice</li> <li>Champions equity and diversity in the workplace</li> <li>Visible and accessible to direct care nurses</li> <li>Leads practice innovation and initiative</li> <li>Leads and influences practice standard to reflect current nursing knowledge, research and best practice</li> <li>Coaches (if resources available) and role models expert clinical skills and professional nursing practice (teamwork, behaviour attitudes and conduct)</li> <li>Incorporates an awareness of broader health policies on provision of care delivery within the district and nationwide</li> <li>Provides a nursing perspective in organisation and planning at a service level contributing to strategic direction of Service and Speciality when opportunity arises</li> <li>Responds with constructive strategies to meet new challenges and initiates/ adopts change early</li> <li>Contributes to shared governance of nursing through engagement in relevant meetings, committees, and working parties and/or similar</li> <li>Networks with team members from a wide range of clinical disciplines, to ensure timely and effective clinical management</li> <li>Fosters and participates in peer education, peer review processes, case review and reflective practice</li> <li>Actively involved in local and national reviews of guidelines if opportunity arises</li> <li>Ensures health and safety practice meet the requirements of health and safety at work legislation with support of management/team</li> </ul>
<ul> <li>Enhances inter-professional healthcare and provision of quality services</li> </ul>	<ul> <li>Effectively communicates with members of the multidisciplinary team as applicable on the management of patients to develop and coordinate a plan of care</li> </ul>

Key accountabilities	Deliverables / Outcomes
	<ul> <li>In collaboration with the support services, identifies and proposes quality improvement initiatives using data-driven decision-making and effective change management processes</li> <li>Collates and maintains patient data for analysis, audit and reporting as applicable</li> <li>Actively seeks and incorporates feedback, to improve quality of care delivered, through presenting and participating in patient review</li> <li>Evaluates nursing practice against current standards of best practice when applicable with appropriate resources</li> <li>Contributes as a clinical expert in the investigation, critical assessment and management of any adverse/reportable events when indicated</li> <li>Coordinates the development of evidence-based policies, procedures, documentation tools and information resources to enhance patient outcomes – when applicable</li> <li>Actively involved in long term on-going case and peer reviews</li> <li>Supported to attend appropriate educational meetings including clinical reviews</li> <li>Participates in required mandatory training for clinical staff</li> </ul>
Advances nursing and practice through research and scholarship	<ul> <li>Maintains required clinical competencies and technical expertise and as applicable expanded practice and national credentialing</li> <li>Reviews research, literature and practice trends to inform practice and ensure currency</li> <li>Proactive in identifying own professional development needs and negotiating appropriate resources including post graduate courses</li> <li>Identifies researchable practice issues and engages support in undertaking research, audit and/or internal validation studies</li> <li>Promotes the specialty and/or service from a nursing perspective through presentation and /or publication</li> <li>Participates in local/national/international professional nursing or specialty groups</li> <li>Supported to gain appropriate professional nursing/specialty organisation membership and use it to benefit the practice environment/ nursing service</li> </ul>

# **Key Relationships & Authorities**

# Reports to:

 Charge Nurse Manager or Service Leader

## **1**

## **Internal Stakeholders**

- Management team
- Senior nurses and nursing leadership
- Nursing teams
- Medical teams
- Prescribing Supervisor/Mentor
- Allied professionals
- Other interdisciplinary team members
- Patient administration services
- Community Health Services
- Clinical support services e.g. security orderlies, radiology, infection prevention control
- Support services e.g.
   Māori and Pacific Health
   Units, Disability Services,
   Centre of Excellence

# External Stakeholders:

- Wellington Southern Community Laboratories
- Primary Health Teams
- Aged Care Providers
- Community services e.g.
   Care Coordination
   services
- Wellington Respiratory Nurses Forum
- Hospices
- Non-Government
   Organisations, e.g. Maori,
   Pacific Health
- Professional Nursing Associations/Colleges



## **Direct reports:**

No direct reports

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# **Capability Profile**

Solid performance in the role requires demonstration of the following competencies that provide a framework for selection and development.

Competency	Behaviours
Equity	<ul> <li>Commits to helping all of our people to achieve equitable health outcomes</li> <li>Demonstrates critical consciousness and on-going self-reflection and self-awareness in terms of the impact of their own culture on interactions and service delivery</li> <li>Supports the dismantling of policies, procedures and practices that cause inequity</li> <li>Supports Māori-led responses</li> <li>Supports Pacific-led responses</li> <li>Supports Disability-focused responses</li> </ul>
Commitment to Kawa Whakaruruhau	<ul> <li>Demonstrates understanding and application of the principles of Te Tiriti o Waitangi   Treaty of Waitangi to nursing practice;</li> <li>Works towards achieving equitable health outcomes for Māori;</li> <li>Supports tangata whenua/mana whenua led change to deliver mana motuhake in the design, delivery and monitoring of health care;</li> <li>Supports Māori oversight and ownership of decision making processes necessary to achieve Māori health equity;</li> <li>Support the expression of hauora Māori models of care and mātauranga Māori</li> </ul>
Dealing with Ambiguity	<ul> <li>Can effectively cope with change</li> <li>Is adaptable and flexible</li> <li>Can decide and act without having the total picture</li> <li>Can comfortably manage risk and uncertainty</li> </ul>
Decision Quality	<ul> <li>Makes good decisions based upon a mixture of analysis, wisdom, experience and judgement</li> <li>Most of his/her/their solutions and suggestions turn out to be correct and accurate when judged over time</li> <li>Sought out by others for advice and solutions</li> </ul>
Directing Others	<ul> <li>Is good at establishing clear directions</li> <li>Sets stretching objectives</li> <li>Distributes the workload appropriately</li> <li>Lays out work in a well-planned and organized manner</li> <li>Maintains two-way dialogue with others on work and results</li> <li>Brings out the best in people</li> <li>Is a clear communicator</li> </ul>
Process Management	<ul> <li>Good at figuring out the processes necessary to get things done</li> <li>Knows how to organize people and activities</li> <li>Understands how to separate and combine tasks into efficient work flow</li> <li>Knows what to measure and how to measure it</li> <li>Can simplify complex processes</li> </ul>
Interpersonal Savvy	<ul> <li>Relates well to all kinds of people – up, down, and sideways, inside and outside the organisation</li> <li>Builds appropriate rapport;</li> <li>Builds constructive and effective relationships;</li> <li>Uses diplomacy and tact;</li> <li>Can diffuse even high-tension situations comfortably with strategies gained from professional development</li> </ul>

Competency	Behaviours
Quality & Innovation	<ul> <li>Provides quality service</li> <li>Able to look for ways to improve work processes - suggests new ideas and approaches</li> <li>Explores and trials ideas and suggestions for improvement made by others</li> <li>Shows commitment to continuous learning and performance development</li> </ul>

# **Experience and Capability**

Essential qualifications, skills and experience

## A. Knowledge, Skills & Experience:

- Clinical expertise and experience aligning with Respiratory.
- A minimum of three years' full-time equivalent practice in the area the RN is approved to prescribe, with at least one year of the total practice in New Zealand or a similar healthcare context
- Excellent communication, interpersonal, facilitation and coaching skills
- Experience in practice development and quality improvement strategies
- Comprehensive knowledge informs NZ Health System understanding including equity issues, professional leadership and emerging issues for the nursing profession.

## B. Essential Professional Qualifications / Accreditations / Registrations:

- Expert level in Professional Development Recognition Programme (PDRP) and committed to maintain Expert/Senior (CC) or Expert (HV) PDRP
- Achieved or working on Knowledge and Skill Framework to expert level
- Designated prescribing authorisation with the NCNZ for RN prescribing in primary health and specialty teams.

#### C. Someone well-suited to the role will place a high value on the following:

- Commitment to Te Tiriti o Waitangi
- Living the District values
- An enthusiasm and dedication for ongoing nursing practice development
- A strong patient care focus with strengths in sharing that information when working with the multidisciplinary and wider teams
- High quality care for the patient and whānau with a strong equity focus
- High level of organisation and ability to multitask
- True team player and willingness to step up when needed to meet the needs of our health population
- Ensuring that they follow through on their work to deliver on identified outcomes.

Ma tini, ma mano, ka rapa te whai By joining together we will succeed